



PA System Announcement Ideas

1.

“Good morning, everyone! Today is International Celiac Awareness Day! Did you know celiac disease isn’t an allergy? It’s an autoimmune condition, like diabetes, where gluten makes our bodies attack themselves. If you have any questions about what it’s like to live gluten-free, feel free to ask me! I’d love to share what I’ve learned and help spread awareness!”

2.

“Hey school! It’s International Celiac Awareness Day! If you have any questions about what it’s like to live gluten-free, feel free to ask me! I’d love to share what I’ve learned and help spread awareness!”

3.

“Hello school! Today’s International Celiac Awareness Day! If you’ve ever wondered what it’s like to have celiac disease, come ask me! I’m happy to share what it means to live gluten-free and how we can all make things easier for everyone!”

4.

“Hey everyone! It’s International Celiac Awareness Day! Did you know gluten is in lots of things you might not think about—like playdough, some types of gum, and even some ice creams? That’s why it’s super important for kids with celiac to read labels. If you have any questions about what it’s like to live gluten-free, feel free to ask me!”

5.

“Good morning, everyone! It’s International Celiac Awareness Day! Did you know that for

celiac disease to make people sick, they actually have to eat gluten? Even a tiny bit can cause serious problems for people like me. If you have any questions about what it's like to live gluten-free, feel free to ask me!"

6.

Hey school! It's International Celiac Awareness Day! Did you know that every person with celiac disease has a different reaction to gluten? For some of us, even a tiny bit can make us really sick, while others might not feel anything at all. If you have any questions about what it's like to live with celiac disease, feel free to ask me!"

7.

"Good morning, school! On this International Celiac Awareness Day, let's talk about being a good friend to someone with celiac disease. If you're not sure what's safe for them to eat, ask! It's all about making them feel comfortable and included!"