

CELIAC
CANADA



Newly
Diagnosed

EVERYTHING YOU NEED TO KNOW IN 3 MONTHS

- ✓ Label reading
- ✓ Dining out
- ✓ Cross-contamination
- ✓ Travel
- ✓ Recipes
- ✓ Grocery shopping

SCAN TO
SIGN UP



LOOKING FOR MORE INFORMATION? www.celiac.ca

FREE RESOURCES THANKS TO DONORS

- ✓ Free client support desk - phone or email
- ✓ Monthly gluten-free 101 and specialty webinars
- ✓ Annual patient conference
- ✓ Peer support - moderated Facebook group
- ✓ Monthly newsletters
- ✓ Canadian Celiac magazine
- ✓ National advocacy on issues that matter to your lifelong journey with celiac disease

WWW.CELIAC.CA/NEWLYDIAGNOSED/

